

Extra Help For Everyone

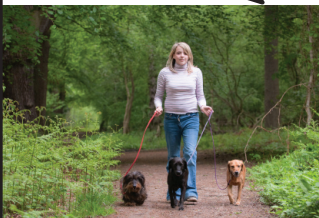


"I wish there were more hours in the day..."

"I just don't have the time..."

"I seem to spend my whole weekend running around doing chores!"

"I wish I had more time to relax..."



If this sounds like you, then Extra Help For Everyone, your local home-help service, has the answer. We provide a range of services to help busy, working people to make the most of their leisure time.



At only £10 per hour, Extra Help For Everyone is the realistic option for people who like the idea of less work and more play.

Give us a call now and let us give you the helping hand you need.



Tel: 0845 219 8971
www.extra-help.co.uk

Home help services for the elderly also available

Services:

- Ironing
- Dog-walking
- Meal preparation
- Tidying and other domestic tasks
- Gardening
- Small maintenance jobs around the house



EXTRA HELP
FOR EVERYONE
a helping hand